

STANDARD OPERATING PROCEDURE

SAFETY ON RAPID TRANSIT TRACKS

RULE 173 a.

Employes must exercise care to avoid injury to themselves or to others while on the tracks.

RULE 173 b, c, d, and e.

- (b) Employes must expect trains to run on any track, in either direction, at any time, at any point on the main tracks, side tracks, or in the yards.*
- (c) Employes must look in both directions before crossing any track.*
- (d) Employes must not cross tracks unnecessarily.*
- (e) When necessary to cross tracks, Employes should step over rails instead of upon them. (When stepping over the trolley rail, be careful that clothing or equipment do not brush against the rail.)*

If a person on the tracks performs an unsafe act, he may jeopardize his own life and the lives of others. The following guidelines have been established to help you protect yourself when your work makes it necessary for you to be on rapid transit tracks.

GENERAL PRECAUTIONS

1. BE ALERT - always be conscious of the hazards presented by third rail and trains. Don't "day dream!"
2. NEVER HESITATE TO SIGNAL A MOTORMAN TO SLOW OR STOP IF SAFETY IS INVOLVED.
3. USE CARE WHILE ON TRACKS.

NOTE: Whenever possible, walk facing the direction from which trains are expected to come.

4. **WEAR PROTECTIVE CLOTHING.** Every employee must wear a blaze-orange safety vest unless being protected by a flagman.

ACTIONS WHEN TRAINS APPROACH:

1. **SIGNAL MOTORMAN** as per

RULE 174 a.

Employees on or near a track, or tracks, must face each train approaching on such track, or tracks, and signal the Motorman to let him know that they are aware that the train is approaching. (If working in a gang to which a flagman is assigned, flagman will give signal.)

2. **STOP WORK AND MAKE CERTAIN YOUR EQUIPMENT IS IN THE CLEAR.**

3. **GO TO A POSITION WHERE YOU ARE CLEAR OF THE APPROACHING TRAIN.**

a. Do not step to an adjacent track unless sure it is clear and sure you can be seen by the Motorman of an approaching train.

b. Do not stand between trains on curves.

4. **WARN ANY PERSON WHO DOES NOT SEEM TO BE AWARE OF APPROACHING TRAIN.**

5. **WHEN PERSONS AND EQUIPMENT ARE IN THE CLEAR, LOOK TOWARD THE APPROACHING TRAIN AND SIGNAL THE MOTORMAN TO PROCEED.** (If a flagman is assigned, flagman will give "Proceed" signal. If no flagman is assigned, one person of a group should be designated to give signals.)

NOTE: Should a Motorman pass an employee on the tracks without having received a proceed signal, the incident must be reported to the Motorman's station.

6. **REMAIN STATIONARY, WATCHING THE TRAIN, UNTIL THE ENTIRE TRAIN HAS PASSED.**

**HAND, FLAG, AND LANTERN SIGNALS
(RULE 128)**

- (a) *The speed with which a hand, flag, or lantern signal is given indicates the relative speed with which compliance is desired.*
- (b) *Any object waved violently by anyone on or near a track is a signal to stop.*
- (c) *Lantern signals, with their respective indications, are illustrated in the following diagrams. The hand, or a flag, moved the same as a lantern, give the same indication.*

